

March

Newsletter

2015



Flu Season

We are asking parents/guardians to **please contact the school when your child is absent**. We must keep track of any student absent **due to the flu** and report these absences to the School District Office on a daily basis during the flu season.

**Influenza symptoms: Fever and cough with one or more of the following symptoms:
sore throat, achy joints or muscles**

Be sure to take the proper steps to lower the risk of spreading germs such as coughing into your elbow or into a tissue. Of course, it is especially recommended that we first wash our hands thoroughly when-

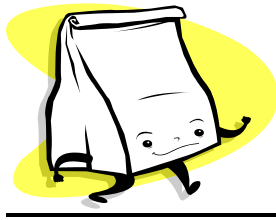
- We are preparing to handle food
- We have visited the washroom
- We have forgotten to cough/sneeze into our elbow



Home Fitness

If your child is participating in the **Home Fitness Program**, remember to **log the number of minutes spent doing a physical activity** on the chart that was sent home. The chart is to be retained for the month of **March** and then returned to their teacher on **Wednesday, April 1st**. It's a great way to involve the whole family for just a few minutes each day!

For further information, please log on to Public Health Agency of Canada - <http://www.phac-aspc.gc.ca/hp-ps/hl-mvs/paap/05paap-eng.php>)



Hot Lunch

Please note: The Home & School will be offering **Spaghetti with Garlic Toast** on **March 17th** as a trial only. This will be made using whole wheat pasta and lean ground beef. The price will be \$2.25.

The remaining Tuesday's will be *Grilled Cheese Sandwiches* for the month of March.

Refunds for hot lunch orders are given on SNOW DAYS only.

Upcoming Events

March Break this year is from **March 2nd to 6th**.

March 10th - PSSC Meeting 6:30pm

March 12th - School Sustainability Meeting (1st Public Meeting) 7pm at Brown's Flat School

March 17th - St. Patricks Day

Parent/Teacher Conferences will be held on **March 25th** from 5-8pm and **March 27th** from 1-3pm.

Reminders



Skating will be on **Friday** afternoons each week at the *Greenwich Recreation Centre*, weather permitting. Please ensure your child has skates and helmet.



Winter Warm Ups

Parents/Guardians are asked to please send an extra pair of mittens/gloves and socks with their child to be kept at school as we are no longer drying these items. This will help in the prevention of frostbite.

The school is looking for gently used clothing. Items such as gym pants, socks, t-shirts etc.